

Directions for Lucemyra

Lucemyra is an FDA approved treatment for the symptoms of withdrawal from opioids.

Symptoms of withdrawal from prescription opioids include aches and pains, stomach cramps, feeling sick, muscle spasms or twitching, insomnia, chills, watery eyes and yawning.

Symptoms of withdrawal during a planned medical wean (less than 25% every 4 days) are usually mild and manageable and might not need medication.

Symptoms of withdrawal from short acting prescription opioid pills tend to last 2-7 days.

Symptoms of withdrawal can be more severe if there is an abrupt cessation of opioids, particularly high dose opioids. These symptoms can be very unpleasant, so it is recommended that you take your medications as directed so that you don't run out early. Withdrawal symptoms do not typically require medical intervention, but if you believe you are having a medical emergency, you should seek treatment at your local emergency department.

If you experience unpleasant symptoms of withdrawal, Lucemyra may help.

Directions for use:

For sudden cessation of opioids or for a rapid wean:

Take 3 tablets by mouth 4 times a day for one week.

On day 8, take 2 tablets up to 4 times a day for one day

The next day, take 1-2 tablets, and taper off.

For less severe symptoms, Lucemyra can be taken less, on an as-needed basis. For example, just one tablet 3-4 times per day tends to be very effective for withdrawal symptoms during a planned wean. Some patients only experience "edgy moments" around mid-afternoon and take 1-2 tablets around 2 or 3 pm. Lucemyra is very well tolerated, and has been demonstrated to be safe and effective. Lucemyra can lower your blood pressure. Do not drink alcohol or use sedating medications with Lucemyra.